



COPING VICTIM

I need emotional support to help me cope with the sexual aggression toward me.

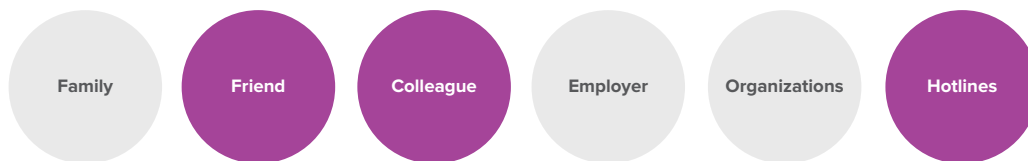
I published a story about indigenous land dispossession and I received violent threats towards my family. I am the head of a news program, and reporting on regional social issues related to the political environment. I recently wrote a story about our governor and when it went public, I started receiving threats on social media that were sexual in nature, and also targeted towards my husband and children. I reached out to a group of journalists on WhatsApp and asked for advice, and I was pointed to Article 19. After I explained the situation, they confronted human protection services to investigate the situation.



Circle of 6: Possible Calls to Action

Easily express my struggle to my closest network of friends and colleagues that will support me.
Call a trusted hotline to learn about psycho-social tools.

Support Networks



Motivation

I give a voice to people facing social injustice such as sexism, violence, land dispossession, and aggression.

Frustration

We need more support for women in Mexico. We receive less salary, and rarely are given management roles. Because I am a woman and my information is commonly shared, my family is in danger.



THREATENED VICTIM

I need someone to help spread the truth and draw attention to my situation, so the aggression doesn't get worse.



Circle of 6: Possible Calls to Action

Contact local and national organizations that will help run a counter campaign to tell the truth and put political pressure on the government.

Support Networks





EXPOSED VICTIM

Everywhere I go, I'm nervous that physical threats will be made against me. I need to feel safe when I'm in public.



Circle of 6: Possible Calls to Action

Ask a few friends to come get me.

Ask a few friends to call and interrupt.

Support Networks





SUPPORTER

I need an easy way to call my closest colleagues into action when another journalist is in trouble.

I'm in a group on WhatsApp where journalists talk about resources, safety, and current struggles. Another journalist who I follow posted in the group chat about aggression toward her from the government. I read the story she published that got her in trouble and knew she was being targeted for speaking up about the truth of what the government is doing. I reported on something similar the year before and received comparable threats. I rallied some of the other journalists I knew who were passionate about the same topic to make a hashtag on social media. Our fight back, caused the federal government to step in and make changes on the state level.



Circle of 6: Possible Calls to Action

Rally my closest friends for a meet up in my neighborhood to talk with my friend under aggression

Support Networks



Motivation

I believe journalism can drive change. It shows the serious problems that our country is going through.

Frustration

There are very few tools to help us protect our information and families, and networks are also very weak. Overall, if we had a better support system it would be more efficient for us to keep doing our jobs and publishing information.



ANTICIPATOR

I need help staying safe online when I'm writing contentious stories.

I just started reporting on controversial stories, and want to do everything I can to stay safe. I work for a state-wide newspaper and have been researching the femicides happening regionally. I know that the government has been trying to cover up the truth about the situation and will be very hostile in their response to my stories. I reached out to some colleagues in a WhatsApp group that I am a part of to see what they suggested I do to take precautionary measures.



Circle of 6: Possible Calls to Action

Call a digital help hotline to make sure I'm doing everything I can to prevent bad things from happening.

Support Networks



Motivation

I believe it's important to communicate truth in a world full of fake news. It is important to show that we are researching and have a base for the information we are broadcasting.

Frustration

Because I taught myself to use all the digital platforms, I am not fully educated on how to send info safely and need help learning my options.